



# PCSD Wellness University

## Program Exemption

PCSD Wellness University Program allows Provo City School District employees to earn incentives by achieving wellness activities. If it is unreasonably difficult or medically inadvisable for you to participate in the program due to a medical condition, you can submit this form to request an exception.

Return completed form via email: [support@wellright.com](mailto:support@wellright.com) & [catherinem@provo.edu](mailto:catherinem@provo.edu)

First and Last Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Company Name: Provo City School District Employee ID: \_\_\_\_\_

Return waiver to WellRight Support and Catherine Miner by:

**December 31, 2024 for 1<sup>st</sup> Semester**

**April 30, 2025 for 2<sup>nd</sup> Semester**

The Wellness Program is designed to promote health or prevent disease and offers incentives to individuals who participate and/or who achieve specific health related goals.

**Provision of your signature below indicates that this individual is under your care for treatment and promotion of health to prevent disease.**

Percipient Signature: \_\_\_\_\_ Date: \_\_\_\_\_