



PCSD Wellness University

Program Exemption

PCSD Wellness University Program allows Provo City School District employees to earn incentives by achieving wellness activities. If it is unreasonably difficult or medically inadvisable for you to participate in the program due to a medical condition, you can submit this form to request an exception.

Return completed form via email: support@wellright.com & catherinem@provo.edu

First and Last Name: _____ **Date of Birth:** _____

Company Name: Provo City School District **Employee ID:** _____

Return waiver to WellRight Support and Catherine Miner by:

December 31, 2023 for 1st Semester

April 30, 2024 for 2nd Semester

The Wellness Program is designed to promote health or prevent disease and offers incentives to individuals who participate and/or who achieve specific health related goals.

Provision of your signature below indicates that this individual is under your care for treatment and promotion of health to prevent disease.

Percipient Signature: _____ **Date:** _____