

When Telemedicine Is The Easier Choice

December 2022

Have a sore throat and don't feel like driving to the doctor or sitting in a waiting room? Access convenient, high-quality care right from the comfort of your own home.

It's 3 a.m. and your child is crying and sick, what do you do? You don't want to go to the emergency room since that's expensive and you don't have an emergency, and did we mention it's the middle of the night?

Nowadays, you have 24/7 care options with Intermountain Connect Care. So, don't go anywhere, grab your smart phone, tablet, or computer and literally connect to care at home. Web-based video apps that offer telehealth visits, like Connect Care, make it easy to talk to a clinician about your nonemergency issue whenever and wherever.

Connect Care makes it easy to speak to a provider within minutes. They can even prescribe certain medications and will call it in to your preferred pharmacy.

In some situations, the healthcare provider might think that you need to be seen in person (i.e., if you need a physical exam or medical testing). If that happens, you won't be charged for the visit—but you'll have to pull yourself together and go to a clinic.

Most Connect Care visits are for your average cold and flu, but they will take care of you for a variety of ailments:

- Seasonal allergies
- Stuffy nose
- Sore throat
- Minor burns/rashes/skin infections
- Bee stings and bug bites
- Cough
- Eye infection
- Joint pain/strain
- Sinus pain/pressure
- Urinary pain

So, next time you or a family member is feeling subpar, get comfy, grab your tissues and your smart phone, and chat with a clinician on Connect Care. Being sick never felt so good.

You can access Intermountain Connect Care by visiting www.intermountainconnectcare.org or by downloading the ConnectCare app.