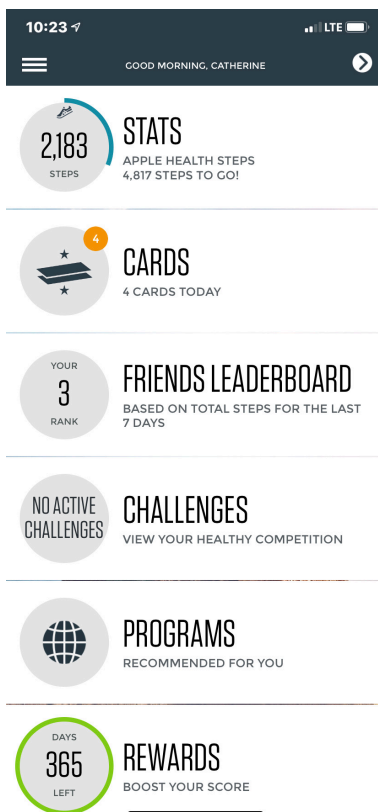


# HEALTH ASSESSMENT

## Virgin Pulse - health check

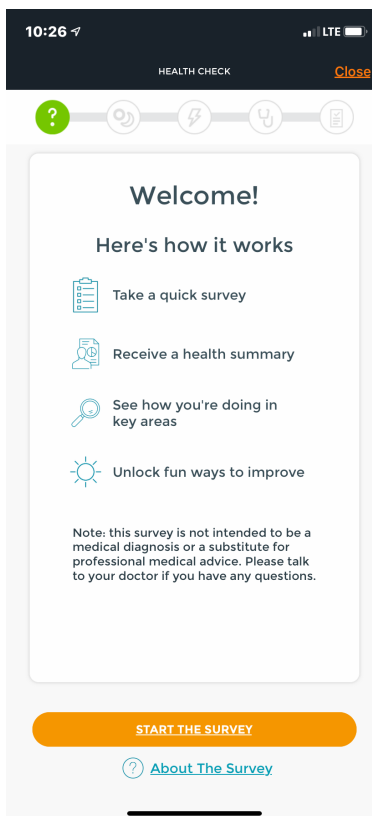
### Step 1

- Log into your Virgin Pulse app
- Go to programs



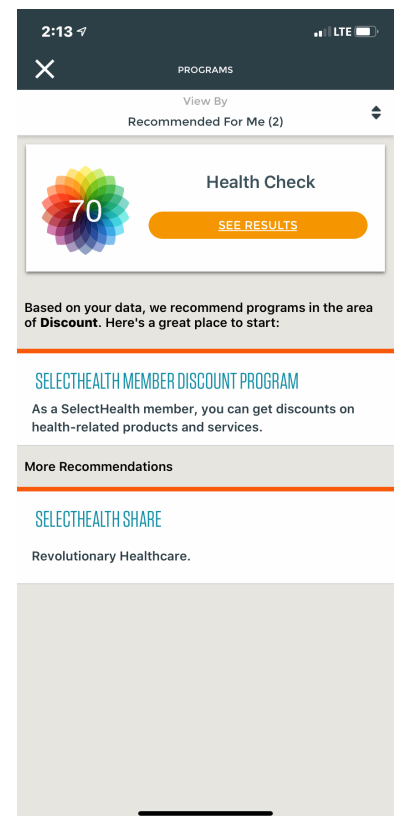
### Step 2

- To begin hit "Start the survey"
- Answer questions



### Step 3

- You will receive a score once you finish your health check. You will only need to do 1 health check.



Please complete by  
November 30, 2020