



Joyful Holiday Challenge

As we celebrate this holiday season, let's take a moment and express what brings us joy and happiness. The first snowfall, the laughter of a child or those yummy holiday cookies are a few examples. To enter our challenge take a picture and post it to your Facebook or Instagram page, tag the Wellness page and use the hashtag:

#JoyfulhappyholidaysPCSD

The challenge starts December 9th and end the 20th of December.

Winners will be chosen by a random drawing.



PCSD WELLNESS PROGRAM



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