

USBE Health & PE Meeting Summary September 23rd, 2019

Announcements:

- SHAPE National Convention & Expo April 21st-25th at the Salt Palace Convention (Tuesday-Saturday) [Registration Information](#)
- No Utah Shape Conference in February 2020

Curriculum Resources:

- New Core Guides K-12 now are available [online](#).
- New Yoga [Guidelines](#) for Individual Lifetime Activities for Credit
- Cool Info graphics for [Health](#) and [PE](#) core
- *Botvin LST Update*: Still required by law Utah Code Section 53G-10-406 “Underage Drinking Prevention Program” now in board rule, aligns well with new Health Standards, must trained to teach in the classroom
 - Botvin Health Connections E-Cigarettes & Vaping (see email) this is an enhancements
 - Must be taught at minimum every 5 class periods
 - You can put your own flavor into your lessons while still teaching the curriculum.
 - Crosswalks for New Core Standards [Health I](#) and [Health II](#)
- *Suicide Prevention*: A big focus of Utah State Board of Education
 - [Powerpoint](#)
 - Video: [Billie Eilish](#)
 - Video: [Teen Suicide](#)

Classroom/Student Resources and Opportunities:

- U of U Team Thrive-Health II (HS) willing to come in and teach their program FREE
Contact: Paul Grayson Phone: 801-213-2582 Email: paul.grayson@utah.edu
- U of U Crushing Diabetes Health I (MS/JR Hs) see documentary “Sugar Babies” can stream.
-There are student resources (magnet) and parent flyer. They will send to school for FREE every year. [Order Form](#)
Contact: Sarah Elizabeth Phone: 801-585-9706 Email: nutrition@health.utah.edu

Professional Development:

- PD coming in USBE Summer Professional Learning Series 1 location for a region over a week period for multiple subject areas k-12.